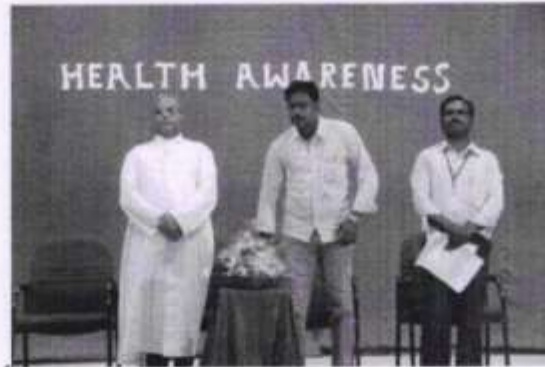


## **Health Awareness Program**

**2016 - 2017**

Rural Healthcare is one of the biggest challenges that India is facing today. The key challenges in the health care domain are poor accountability, low-quality care, lack of health awareness and limited access to health facilities. Hence to create awareness in our students where a majority of them hail from a rural background, Doctors Kanimozhi and Rajan Babu, from the BDO, Tiruvannamalai District were invited to our campus on the 12<sup>th</sup> July 2016. The guests were welcomed and honored by Fr. Secretary and Fr. Principal.

Dr.Kanimozhi talked to the Girl Students and Dr.Rajan Babu talked to the boys. The programme mainly focused on the present day changes in the food habits of the people and their effects. Students were given tips to maintain their body fit and healthy. They were also told the importance of regular exercises. A strong stress was given on the present day increase in consumption of junk foods and their harmful effects on body. 250 students participated



*K. J. J.*  
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